

FRESCA MENU

- Order up at the counter when you are ready
- Our kitchen contains most allergens. Please let us know if you have any allergies.



78 Alison Street off Kahikatea Dr
Next to the Plant Place

BREAKFAST

FRESCA BIG BREAKFAST \$31

(gf* / df*)

Bacon, two eggs your way (scrambled +\$1), kransky sausages, garlic sautéed mushrooms, crispy hash bites, hollandaise sauce & grain toast

Add Grilled Tomato \$4

VEGGIE BIG BREAKFAST \$28

(v, gf*, df*)

Two eggs your way (scrambled +\$1), grilled tomato, garlic sautéed mushrooms, wilted baby spinach, crispy hash bites, hollandaise sauce & grain toast

EGGS ON TOAST \$15

(v, gf*, df*)

Two eggs your way (scrambled +\$1), tomato chutney & 5 grain toast

Add Bacon \$8

Add Sautéed Mushrooms \$6

EGGS BENEDICT

(v*, gf*)

Two poached eggs, fresh baby spinach, hollandaise sauce & two potato rosti

- **Bacon \$26**
- **Cold Smoked Salmon \$29**
- **Mushroom \$25**

FRESCA CREAMY MUSHROOMS \$25

(v, gf*, df*)

Creamy mushrooms, baby spinach & 5 grain toast

Add Poached Egg \$3

Add Kransky Sausages \$6

Add Bacon \$8

PANCAKE STACK \$23

(v)

Two house-made pancakes, honeycomb butter, maple syrup, whipped cream & your choice of either caramelized banana or mixed berries

Add both Banana & Berries \$3.5

Add Bacon \$8

FRENCH TOAST \$25

(v)

Two slices of Brioche french toast, maple syrup, whipped cream & your choice of either banana or berries

Add both Banana & Berries \$3.5

Add Bacon \$8

AVOCADO ON TOAST \$19

(v, gf*)

Fresh avocado, cherry tomato, feta, chilli flakes, balsamic glaze & 5 grain toast

Add Poached Egg \$3

Add Bacon \$8

CHICKEN PARMIGIANA \$28

(GF)

GF Parmesan crumbed chicken breast, tomato sauce, melted cheese, fries & salad

BURGERS

CRISPY CHICKEN BURGER \$29

(gf*)

Brioche bun, GF parmesan crumbed chicken breast, pickles, lettuce, tomato, buttermilk ranch & fries

Add Bacon \$8

BEEF & BACON BURGER \$29

(gf*)

Homemade beef burger on a brioche bun, bacon, beetroot, onion rings, cheese, lettuce, tomato, aioli, BBQ sauce & fries

Add Fried Egg \$3

VEGE BURGER \$27

(v, gf*, df*)

Corn & Kumara patty on a brioche bun, aioli, lettuce, tomato, onion rings, sour cream & fries

SALADS

WARM CAJUN CHICKEN SALAD \$27

(gf*, df*)

Grilled chicken tenderloins, Fresca salad mix with vinaigrette, tomato, cucumber, grapes, crispy noodles & ranch dressing

SUMMER NOURISH BOWL \$27

(gf, v*, df*)

Rice & quinoa mix, Falafel, cabbage, carrot, cucumber, tomato, spinach, avocado & vinaigrette & your choice of protein: Chicken or Halloumi

Add Poached Egg \$3

MOROCCAN LAMB SALAD \$35

(df*)

Lamb rump, roquette, spinach, roasted kumara, tomato, tzatziki, house vinaigrette & pomegranate seeds

LIGHTER BITES

CHICKEN & WAFFLE \$24

Soft Belgian Waffle, crispy fried chicken & maple syrup, secret spicy sauce & a jalapeno/pickle topper

Add Extra Waffle \$5

Add Bacon \$8

Add Extra Chicken \$7

BAGELS

Soft New York bagel & your choice of :

Cream Cheese & Jam \$15

Bacon, Tomato, Cream Cheese & Pesto \$23

Cold Smoked Salmon, Tomato, Cream Cheese & Feta \$27

TACOS \$16

(2 soft tacos)

Choose one of the following flavours:

- Grilled Cajun Chicken, pineapple, lettuce, salsa, aioli
- Garlic Prawns, avocado, lettuce, sweet chilli
- BBQ Pulled Pork, slaw, apple sauce

Extra Taco \$6

Add Fries \$6

BACON BUTTY \$9

(with a large hot drink \$13)

Buttered white bread, bacon, HP sauce

Add Egg \$3

Add Fries \$6

TOASTED SANDWICH

Base \$6 + toppings (gf*, df*)

Cheese \$2 Ham \$2 Pineapple \$1 Onion \$1

Tomato \$1 Smoked Chicken \$5 Bacon \$5 Spinach \$1



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SIDES

TO ADD ON TO MEALS (MIN 4 IF NO MEAL ORDERED)

Extra Egg \$3

Hashbrowns \$5

Bacon \$8

Smoked Salmon \$10

Kransky Sausages \$6

Garlic Sautéed Mushroom \$6

Grilled Halloumi \$6

Grilled Tomato \$4

Wilted Spinach \$4

Green Side Salad \$6

Hollandaise Sauce \$3

Aioli \$2

Extra Toast & Butter \$4

Choose from Turkish or Volare 5 Grain

GARLIC BREAD \$8

4 slices toasted turkish garlic bread

STRAIGHT CUT FRIES \$12

Served with tomato sauce & aioli

WAVE CUT WEDGES \$12

Served with tomato sauce & aioli

KIDS MENU

POACHED EGG ON TOAST \$14

(gf, df*)*

One poached egg, one bacon, grain toast, butter & tomato sauce

MINI PANCAKES \$15

Two mini pancakes, maple syrup & ice cream

CHICKEN NUGGETS & CHIPS \$15

Six chicken nuggets, chips & tomato sauce

Add 3x Nuggets \$3

MINI CHEESEBURGERS & CHIPS \$15

Two mini cheeseburgers, chips & tomato sauce

FRESCA KIDS LUNCHBOX \$14

(gf, df*)*

Fresh or toasted sandwich with a kids juice and potato chips.
Choose up to two sandwich toppings from:

- Marmite
- Peanut butter
- Jam
- Ham
- Cheese

KIDS DRINKS

Fluffy \$2

Hot Chocolate \$4.5

Chocolate Milk \$4.5

Spider (Sprite, Coke, Fanta or L&P) \$6

Check out our fridge for more juices & drinks

In our kitchen, we use or may come into contact with all allergens including but not limited to peanuts, tree nuts, gluten, eggs, soy, fish, shellfish & dairy.

We will always try our best to accommodate your requests, please let us know if you have a food allergy.

*v - vegetarian / gf - gluten free / df - dairy free / * - on request*

