FRESCA MENU



Order up at the counter when you are ready

• Our kitchen contains allergens. Please let us know if you have any allergies. Next to the Plant Place

BREAKFAST

FRESCA BIG BREAKFAST \$27 (gf* / df*)

Bacon, two eggs your way (scrambled +\$1), kransky sausages, sauteed mushrooms, crispy hash bites, hollandaise sauce & grain toast

Add Grilled Tomato \$4

VEGGIE BIG BREAKFAST \$26

(v, gf*, df*)

Two eggs your way (scrambled +\$1), grilled tomato, sauteed mushrooms, wilted baby spinach, crispy hash bites, hollandaise sauce & grain toast

EGGS ON TOAST \$14 (v, gf^*, df^*)

Two eggs your way (scrambled +\$1), tomato chutney & grain toast

Add Bacon \$6 **Add Sauteed Mushrooms \$5**

PARMESAN HASH CAKES \$24

(v, gf)

Two hash cakes, fresh baby spinach, fresh tomato & a poached egg

Add Bacon \$6 Add Salmon \$10

EGGS BENEDICT

Two poached eggs, fresh baby spinach, hollandaise sauce & Turkish toast

Bacon \$25

Cold Smoked Salmon \$28 Mushroom \$24

PANCAKE STACK \$22

Two house-made pancakes, honeycomb butter, maple syrup, whipped cream & your choice of either caramelized banana or mixed berries

Add both Banana & Berries \$3.5 Add Bacon \$6

CHICKEN & WAFFLE \$24

Soft Belgian Waffle, crispy fried chicken & maple syrup served on a creamy chili sauce with a jalapeno/pickle topper

Add Extra Waffle \$5 Add Bacon \$6 Add Extra Chicken \$6

FRESCA CREAMY MUSHROOMS \$24

(v, gf*, df*)

Creamy mushrooms, baby spinach & grain toast

Add Poached Egg \$3 Add Kransky Sausages \$6 Add Bacon \$6

HOUSEMADE GRANOLA \$17

(v, df)

Honey toasted grains mixed with coconut, mixed seeds & dried fruit served with Raglan coconut yoghurt & fresh seasonal fruit

BURGERS

BEEF & BACON BURGER \$28 (gf*)

Homemade beef burger on a brioche bun, bacon, beetroot, onion rings, cheese, lettuce, tomato, aioli, BBQ sauce & fries

CHICKEN BURGER \$28

Parmesan crumbed chicken tenders on a brioche bun, brie, lettuce, tomato, aioli & fries

Add Bacon \$6

SLOPPY IACK BURGER \$26

(v, gf*, vegan*)

Pulled spiced jackfruit on a brioche bun, house made slaw, tomato, sour cream & fries

SALADS

WARM CAJUN CHICKEN SALAD \$27 (gf*, df*)

Grilled chicken tenderloins, Fresca salad mix with vinaigrette dressing, tomato, cucumber, grapes, crispy noodles & ranch dressing

FRESCA NOURISH BOWL \$25

 (gf, v^*, df^*)

Rice & quinoa mix, hummus, spinach, cabbage, carrot, cucumber, avocado & tzatziki + your choice of protein: Chicken or Halloumi

Add Poached Egg \$3







MORE SALADS

PEAR & HALLOUMI SALAD \$25

(v, gf)

Grilled halloumi, Fresca salad mix, tomato, pear, walnuts & a light vinaigrette dressing

PRAWN & AVOCADO SALAD \$26

(v, gf)

Garlic butter prawns, fresh avocado, Fresca salad mix, tomato, red onion, light viniagrette dressing & sweet chilli

LIGHTER BITES

OPEN SANDWICH \$21 (df*)

Served with fries & aioli Check the board for the current design Add Bacon \$6

TACOS \$14 (2 tacos)

Choose one from the following flavours:

- Grilled Cajun Chicken, salsa, aioli
- Crispy Hoki bites, slaw, tartare
- BBQ Pulled Pork, slaw, apple sauce
- Pulled Jackfruit, slaw, aioli



SIDES

TO ADD ON TO MEALS

Hashbrown \$3.5 Bacon \$6 Sauteed Mushroom \$5 Kransky Sausages \$6 Grilled Halloumi \$6 Avocado \$5 Grilled Tomato \$4 Wilted Spinach \$3 Green Side Salad \$6 Smoked Salmon \$10 Hollandaise Sauce \$3 Extra Egg \$3 Extra Toast & Butter \$4 Choose from Turkish or Volare 5 Grain

TOASTED SANDWICH

Base $$6 + toppings (gf^*, df^*)$

Cheese \$2 Ham \$1.5 Pineapple \$1 Onion \$1 Tomato \$1 Smoked Chicken \$4

STEAK FRIES \$10

Served with tomato sauce & aioli

DRINKS

Hot Chocolate \$4.5 Chocolate Milk \$4.5

Spider (Sprite, Coke, Fanta or L&P) \$6

Check out our fridge for more juices

Fluffy \$2

or drinks

KIDS MENU

POACHED EGG ON TOAST \$14

(gf*, df*)

One poached egg, one bacon, grain toast, butter & tomato sauce

MINI PANCAKES \$14

Two mini pancakes, maple syrup & ice cream

MINI HOT DOGS & CHIPS \$14

Two mini hotdogs, chips & tomato sauce

MINI CHEESEBURGERS & CHIPS \$14

Two mini cheeseburgers, chips & tomato sauce

FRESCA KIDS LUNCHBOX \$12

(gf*, df*)

Fresh or toasted half sandwich with a kids juice and potato chips.

Choose up to two sandwich toppings from: Marmite, peanut butter, jam, ham, cheese, or pineapple

In our kitchen, we use or may come into contact with all allergens including but not limited to peanuts, tree nuts, gluten, eggs, soy, fish, shellfish & dairy.

We will always try our best to accommodate your requests, please let us know if you have a food allergy.

v - vegetarian / gf - gluten free / df - dairy free / * - on request

















